

CONFIDENTIAL HEALTH HISTORY

Patient Name: _____

Age: _____

Date of Last Physical Exam: _____ Physician: _____

Reason for Visit: _____

SYMPTOMS: (Circle all symptoms you have now or have had in the past year)

General

- Chills
- Depression
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headaches
- Nervousness
- Numbness
- Sleep Loss
- Sweats
- Weight Loss

Cardiovascular

- Chest Pain
- High Blood Pressure
- Irregular Heart Beat
- Low Blood Pressure
- Poor Circulation
- Rapid Heart Beat
- Swelling of Ankles
- Varicose Veins

Gastrointestinal

- Bloating
- Bowel Changes
- Constipation
- Diarrhea
- Excessive Hunger
- Excessive Thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Poor Appetite
- Rectal Bleeding
- Stomach Pain
- Vomiting
- Vomiting Blood

Eye, Ear, Nose, Throat

- Bleeding Gums
- Blurred Vision
- Crossed Eyes
- Difficulty Swallowing
- Double Vision
- Ear Ache
- Ear Discharge
- Hay Fever
- Hearing Loss
- Hoarseness
- Nosebleeds
- Persistent Cough
- Ring in Ears
- Sinus Problems
- Vision Flashes
- Vision Halos

Bone, Joint, Muscle

- Pain, Numbness, Weakness In:
- Arms
- Back
- Feet
- Hands
- Hips
- Legs
- Neck
- Shoulders

Women Only

- Abnormal Pap Smear
- Bleeding between Periods
- Breast Lump
- Extreme Menstrual Pain
- Hot Flashes
- Nipple Discharge
- Painful Intercourse
- Vaginal Discharge
- Other: _____

Men Only

- Breast Lump
- Erection Difficulties
- Lump in Testicles
- Penis Discharge
- Sores on Penis
- Other: _____
- _____
- _____

Date of Last Menstrual Period: _____

Date of Last Pap Smear: _____

Have you had a Mammogram? _____

Are you Pregnant? _____

CONDITIONS: (Circle all conditions you have now or have had in the past year)

- AIDS
- Alcoholism
- Anemia
- Anorexia
- Appendicitis
- Arthritis
- Asthma
- Bleeding Disorders
- Bronchitis
- Bulimia

- Cancer
- Cataracts
- Chemical Dependency
- Chicken Pox
- Diabetes
- Emphysema
- Epilepsy
- Glaucoma
- Goiter
- Gout

- Heart Disease
- Hepatitis
- Hernia
- Herpes
- High Cholesterol
- HIV Positive
- Kidney Disease
- Liver Disease
- Measles
- Migraine Headaches

- Mononucleosis
- Multiple Sclerosis
- Mumps
- Pacemaker
- Pneumonia
- Polio
- Prostate Problems
- Psychiatric Care
- Rheumatic Fever
- Scarlet Fever

- STD
- Stroke
- Suicide Attempt
- Thyroid Problems
- Tonsillitis
- Tuberculosis
- Typhoid Fever
- Ulcers
- Vaginal Infections
- Venereal Disease